**KOPAS BOXING INC.**

**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**

This is a binding legal agreement. As a participant in the competitions, activities, and events of For Kopas Boxing Inc. the undersigned acknowledges and agrees to the following terms:

**Description of Risks**

1. In consideration of my participation in the competitions, programs, activities and events of Kopas Boxing Inc. I hereby acknowledge that I am aware of the risks and hazards associated or related to any such competitions, programs, activities, and events. The risks and hazards include, but are not limited to, injuries from:

* Physical contact with the instructor, students or other participants;
* Striking students, participants, objects or equipment;
* Being struck by the instructor, students, participants or equipment;
* Contact, colliding, falling or being struck by other participants, spectators or equipment;
* Executing strenuous and physically demanding techniques;
* Vigorous physical exertion, strenuous cardio workouts, rapid movements and quick stops/turns;
* Exerting and stretching various muscle groups;
* Dry land training including, but not limited to, weights, running, circuit and interval training;
* Falling or colliding with the ring, walls, stands, equipment or with other participants;
* Travel to and from competitive events and associated non-competitive events which are an integral part of Kopas Boxing Inc. competitions, programs, activities and events.

2. Furthermore, I am aware:

* That injuries sustained may be severe;
* That I may experience anxiety while challenging myself during the events, activities and programs;
* That I may come in close contact with other participants;
* That my risk of injury is greatly reduced if I follow all rules established for participation;
* That my risk of injury increases as I become fatigued;

**Release of Liability and Disclaimer**

3. In consideration of Kopas Boxing Inc. allowing me to participate, I agree:

* To assume all risks arising out of, associated with or related to my participation and am fully aware of these risks;
* To be solely responsible for any injury, loss or damage that I may sustain while participating, and;
* To **RELEASE** and **DISCHARGE** Kopas Boxing Inc. collectively its respective directors, officers, committee members, members, employees, coaches, volunteers, participants, and representatives from any and all liability, for any and all claims, demands, actions, judgments, executions and costs that might arise out of my participating, even though any such risks, injuries, loss, damage, claims, demands, actions or costs may have been caused by any manner whatsoever, including but not limited to, the negligence of Kopas Boxing Inc.

**Acknowledgment**

4. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, executors, administrators and representatives.

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Name of participant Signature of Participant Date

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Name of Guardian Signature of Guardian Date

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Name of Witness Signature of Witness Date